

# SEPTEMBER 2011



OSHAWA SENIOR  
**OSCC**  
CITIZENS CENTRES

905-576-6712 www.oscc.ca

**JS** John Street Branch 43 John Street West  
**NV** Northview Branch 150 Beatrice Street East  
**LG** Legends Branch 1661 Harmony Road North  
**CT** Conant Branch 115 Grassmere Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4:00 - 8:00 pm East Side Mario's Fundraising Night Oshawa Centre - September 7 East Side Mario's will donate \$3 from every entrée to the OSCC!</p>		<p><b>Culture Days</b> Friday Sept 30th 10 - 2 p.m. Northview Branch</p> <p>A collaborative pan-Canadian volunteer movement to raise the awareness, accessibility, participation and engagement of all Canadians in the arts and cultural life of their communities. We will be having many different hands-on, interactive activities including drumming, arts and crafts.</p>		<p>1 2:30 Prize Pics JS</p>	<p>2 Salisbury Steak</p>	<p>3 12:00 Blood Pressure Clinic JS</p> <p>Chicken and Mushroom Stew JS</p>
<p>4 Roast Beef JS</p>	<p>5 Lasagna</p>	<p>6 Shepherd's Pie</p>	<p>7 5:30 Men's Night Out NV 4:00 East Side Mario's Night</p> <p>Beef Chili</p>	<p>8 5:00 Bingo Bonanza JS</p> <p>Roast Pork with Apple</p>	<p>9 Grandparents Day Theme Lunch **All Branches**</p> <p>Spaghetti with Meat Sauce</p>	<p>10 Pan Fried Liver with Onions JS</p>
<p>11 Veal Cutlet with Lemon Sauce JS</p>	<p>12 Conant Open House</p> <p>Breaded Chicken</p>	<p>13 Legends Open House 1:30 Conant Entertains CT 2:00 Book Chats NV 5:30 Welcome Back BBQ JS 7:00 Progressive Euchre Party CT</p> <p>Roast Beef</p>	<p>14 Northview Open House</p> <p>Octoberfest Sausage</p>	<p>15 John Street Open House 1:00 Frauds, Scams &amp; Abuse Seminar JS 4:00 Texas Hold'em Poker LG</p> <p>Cabbage Rolls</p>	<p>16 1:30 Membership Appreciation Social</p> <p>Sweet and Sour Chicken</p>	<p>17 9:00 Living with Osteoarthritis NV</p> <p>Spaghetti with Meat Sauce JS</p>
<p>18 Salisbury Steak JS</p>	<p>19 6:00 Mardi Gras Pub Night JS</p> <p>BBQ Pork Ribs</p>	<p>20 9:30 Book Chats JS 10:00 Stroke Recovery CT 10:00 Women's Work It Circuit NV</p> <p>Grilled Chicken Breast</p>	<p>21 8:00 Breakfast &amp; a Laugh LG 10:00 Blood Pressure Clinic LG 3:00 End of Life Arrangements LG</p> <p>Veal Parmigiana</p>	<p>22 12:30 Time for Tetley JS 2:30 T.O.P.S NV 5:30 World of Tours CT</p> <p>Roast Beef</p>	<p>23 Meat Loaf</p>	<p>24 Lasagna JS</p>
<p>25 Ham Steak with Pineapple JS</p>	<p>26 12:00 Ladies Luncheon NV</p> <p>Spaghetti with Meat Sauce</p>	<p>27 8:30 Recreational Golf Tournament 12:00 Blood Pressure Clinic NV</p> <p>Grilled Pork Chop</p>	<p>28 Chicken Pot Pie</p>	<p>29 9:45 Blood Pressure Clinic CT 1:30 Prize Pics LG</p> <p>Baked White Fish with Dill Sauce</p>	<p>30 10:00 Cholesterol Testing NV 10:00 Culture Days NV</p> <p>Cabbage Rolls</p>	<p><b>Election Forum</b> September 21 - 1:30pm John Street Branch</p> <p>September 29 - 1:30pm Northview Branch</p>

# What to look forward to in October...

## "Soup du jour" for September

- 1st - Cream of Vegetable
- 2nd - Spinach Lentil
- 3rd - Mexicali Mixed Bean
- 4th - Chicken and Rice
- 5th - Minestrone
- 6th - Creamy Barley
- 7th - Cream of Mushroom
- 8th - Tomato and Rice
- 9th - Potato and Leek
- 10th - Hearty Vegetable
- 11th - Split Peas and Bacon
- 12th - Beef and Barley
- 13th - Mexicali Mixed Bean
- 14th - Cabbage
- 15th - Beef and Vegetables
- 16th - Mix Bean and Vegetable
- 17th - Asparagus
- 18th - Cream of Celery
- 19th - Beef and Noodle
- 20th - Cream of Cauliflower
- 21st - Beef and Vegetable
- 22nd - Carrot
- 23rd - French Onion
- 24th - Chicken Noodle
- 25th - Potato and Onions
- 26th - Minestrone
- 27th - Mushroom
- 28th - Beef and Barley
- 29th - Cream of Tomato
- 30th - Hearty Vegetable and Ham

\*\*Weekend soups are subject to change\*\*

**Legends Branch**  
43 John Street West  
Monday to Friday 9:00am to 9:00pm  
Saturday 9:00am to 5:00pm  
Sunday 11:00am to 4:00pm  
Meal Service Hours  
Monday to Friday 8:30am to 4:00pm  
Hot meal served from 11:00am to 3:00pm  
Saturdays, Sundays and Holidays  
Hot meals served 12:00pm to 2:00pm

**Northview Branch**  
150 Beatrice Street East  
Monday to Friday 9:00am to 4:00pm  
Meal Service Hours  
Monday to Friday 8:30am to 4:00pm  
Hot meal served from 11:00am to 1:30pm

**John Street Branch**  
1661 Harmony Road North  
Monday to Friday 9:00am to 4:00pm  
Meal Service Hours  
Monday to Friday 8:30am to 4:00pm  
Hot meal served from 11:30am to 1:30pm

**Conant Branch**  
115 Grassmere Avenue  
Monday to Friday 9:00am to 4:00pm  
Meal Service Hours  
Monday to Friday 8:30am to 4:00pm  
Hot meal served from 11:00am to 1:30pm



## Will, Estate Planning & Planned Giving:

Monday, October 17 - 10:30-11:30 am

Conant Branch Code: 175995 Free

A local Lawyer discusses Wills and Powers of Attorney, Estate Planning and Estate Administration issues, appointing representatives, essential documents and capacity issues. Learn about giving to charities and theOSCC planned giving program.

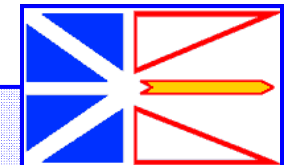


## Senior Safe Driving:

Monday, October 17 - 1:00 - 2:30 pm

John Street Branch Code: 175996 \$1.00

Join Sgt. Arnott, for a review of pertinent legislation and discuss tips for safe driving.



## Down Omer Night

A Salute to Newfoundland

Friday, October 14

7:00 - 10:00 pm Code: 175551

A night of some tasty Newfoundland treats and Newfie jokes.

A video tour of Canada's friendliest province and then some

great Down Omer music by the Newfie Bullet Band.

Cash bar. \$12.00 Legends Branch



## Port of Call

Friday, October 28 5:00 - 10:30 pm

All aboard on our "Cruise" to the Caribbean!  
Featuring the culture of the ports, pictures,  
the Captains Ball and entertainment. Cash Bar.

Code: 175163

\$15.00 Northview Branch